

# SLACKLINE INSTRUCTIONS

## Please read before use

- Only one person at a time.
- Once tightened, check your anchors at both ends.
- Never over-tighten lines or over-stress anchors.
- Do not set the Slackline up above 0.5m in height.
- Huge tension is created once the line is set up and tightened.
- Check equipment before use.
- Only use with supplied ratchet.
- Use at own risk.



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## Setting up

Find suitable trees, minimum diameter of 0.3m diameter, at most 13 meters apart. A towel can be wrapped around the trees to limit damage to both straps and trees.

First secure the longer strap (without the ratchet) to the tree by wrapping around the tree and feeding the end of the strap through the loop. Set up at 0.5m above the ground (see figure 1).

Next secure the ratchet strap on the other tree by wrapping around the tree and feeding the ratchet through the loop. Set up at 0.5m above the ground (fig.2).

Without any twists in the straps, feed the longer strap end into the ratchet and pull strap to tension by hand (fig.3). Then using the ratchet crank the lever back and forth as far as it can go six times. You may further tense the strap to get your desired tension (fig.4).

Once your desired tension is reached you must lock the ratchet by pulling the locking lever and moving the crank into the locked position (fig.5). If you will be standing on the strap near the ratchet, it is advised to hang it upside-down and/or cover it with a towel to prevent injury from hitting the ratchet.

To release, pull back slowly on the ratchet (fig.6).

